

## Welcome to The Riverwood Studio's Audio Warm-Up Exercises.

### *Directions for use of warm-up tracks:*

**Track 1** ~ 4 note ascending and descending hum. With this first warm-up the singer should hum lightly keeping the lips touching softly and keep a feeling of inner space inside the mouth. The exercise ascends then reverses at the top

**Track 2** ~ This is a dotted hum pattern. I suggest that the singer create a strong resonance by first humming then opening to an "AH" position with a relaxed jaw.

**Track 3** ~ This is a descending pattern of thirds. I like to use the syllables "WEE – OH" on each group of two notes in the descending pattern then continue the "WEE – OH" on the repeated notes.

**Track 4** ~ This is a full 8 note scale pattern. The bottom note is held for a dotted quarter note before ascending to the top note of the scale, which is also held before descending. I like to sing this exercise on the "EE" vowel for several keys then open to the "AH" vowel when the range extends to the upper register.

**Track 5** ~ Sing the vowels "MEE – MAY- MAH- MOH –MOO" on the 5 note repeated portion of this exercise. The "MOO" vowel is held throughout the end of the exercise. All singers should try to do this exercise on one breath and to continue to work on good tone throughout the change of each vowel.

**Track 6** ~ This is a simple Arpeggio pattern. Begin on an "EE" vowel and open to an "AH" placement at the top then descend.

**Track 7** ~ This is a descending major triad pattern with an ascending five-note scale. I suggest that the singer use the "EE" vowel when descending from "So – Mi" and then sing the "OH" vowel on the low "Do" and continue up to "So".

**Track 8** ~ This exercise begins with an octave jump then proceeds thru three scale turns around the upper tonic before descending back down to the lower tonic.

**Track 9** ~ This is a basic five-note scale pattern. The singer should sing on one breath. You can use the same vowel, or change from each of the following vowels at the tonic of each round. "EE – AY – AH – OH – OOH"

**Track 10** ~ This is a very long exercise that I call the breathing exercise. I suggest that the singer use a "NEE" on each scale degree throughout the exercise. The pattern is as follows: "DO RE. DO RE MI RE, DO, RE, MI, FA, MI, RE, DO, RE, MI, FA, SO, FA, MI, RE, DO, RE, MI, FA, SO, LA, TI, DO, TI, LA, SO, FA, MI, RE, DO".



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always find a song!

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